Schroeder Tennis Center, 1459 Harmony Drive, Tipp City, OH 45371 (937)669-5552 Session 3: Monday, January 12 – Sunday, March 22, 2015

JUNIOR PROGRAM

www.schroedertennis.com

Quick Start Beginner Clinics

Listed below are introductory classes for juniors which **do not require a membership** to the club. We have incorporated the USTA QuickStart teaching program into all of our beginning junior classes. This program uses different balls and different sized courts and rackets for each age group. This allows children to achieve success quickly and start playing tennis at a younger age. Any **new** player interested in the QuickStart program may attend one time free of charge to see if they like the class and want to continue.

QuickStart for Pee Wees, Age 4-5 1st time players can try a 5 week session for ½ price.

Monday	5:15 - 6:00 p.m.	10 wks\$99
Saturday	9:45 - 10:30 a.m.	10 wks \$99

QuickStart for Tennis Tigers, Age 6-7

Monday	5:00 – 6:00 p.m.	10 wks\$129
Thursday	5:00 – 6:00 p.m.	10 wks\$129
Saturday	10:30 - 11:30 a.m.	10 wks \$129

QuickStart for Future Champs, Age 8-10

Monday	6:00 – 7:00 p.m.	10 wks \$139
Tuesday	6:00 – 7:00 p.m.	10 wks \$139
Friday	4:30 – 5:30 p.m.	10 wks - \$139
Saturday	12:30 – 1:30 p.m.	10 wks - \$139

Jr. Rec Group, Age 11-15

This starter class is a fun way for older kids to learn tennis.

Monday	4:00 – 5:00 p.m.	10 wks \$155
Wednesday	6:00 – 7:00 p.m.	10 wks \$155

Junior Match Play (Membership Required)

Match play for juniors is a critical component in the development of the skills they are learning in their clinics. These weekly singles and doubles match play opportunities for advancing juniors are the perfect addition to the developing junior's weekly clinic and will help develop both the mental and physical aspects of the game.

Junior Singles Leagues

Organized match play with one of our pros working on match play strategy.

~ ·		
Sunday (Level 1)	5:00 – 6:00 p.m.	10 wks - \$155
Sunday (Level 2)	6:00 – 7:30 p.m.	10 wks \$229
Sunday (Level 3)	7:30 – 9:00 p.m.	10 wks - \$219

Top Gun Singles

Singles league for the top juniors at the club. Participation by invitation only. Pay either \$25 per week or save and pay \$229 for the 10 week session.

Sunday 3:30 – 5:00 p.m. 10 wks - \$229

Junior Clinics (Membership Required)

These juniors have graduated from the beginner classes and are ready for more advanced instruction. Parents should feel free to discuss their junior's tennis development with our pros who will advise them on class progression. (Jr. Membership is required for classes - \$79/yr.)

Gold Star Select Program, Age 8-11

This class is for younger advancing players who are serious about improving their game and getting into tournament play.

Wednesday	5:00 - 6:00 p.m.	10 wks \$165
Friday	5:30 - 7:00 p.m.	10 wks - \$245

Junior Intermediate Group

This class is for players who have graduated from Gold Star and are ready for green dot balls.

Monday	4:30 - 6:00 p.m.	10 wks - \$255
Saturday	11:30 – 1:00 p.m.	10 wks - \$255

Junior Advanced Group

These players have progressed past the beginner clinics and are ready to begin learning strategies for match play and advancing their basic skills.

Monday	4:00 – 5:00 p.m.	10 wks - \$165
Wednesday	4:30 – 6:00 p.m.	10 wks \$255
Friday	5:30 – 7:00 p.m.	10 wks - \$255
Saturday	9:30 - 11:00 a.m.	10 wks- \$255

Special Advanced Group

Basic skills are fine tuned and more advanced strokes and techniques are taught in this class with an emphasis on mental toughness.

Monday	7:30 – 9:00 p.m.	10 wks\$265
Thursday	4:30 – 6:00 p.m.	10 wks- \$265
Friday	4:00 – 5:30 p.m.	10 wks - \$265
Saturday	11:00-12:30 p.m.	10 wks - \$265

Elite Players Groups

This group consists of the area's top juniors. The emotional, physical and mental aspects of the game are stressed. These players are headed for college tennis.

Tier 1 Elite Players Group

Tuesday	4:00 – 6:00 p.m.	10 wks \$340	*Both days
Thursday	4:00 - 6:00 p.m	10 wks \$340	\$650

Tier 2 Elite Players Group

Monday	4:00 - 6:00 p.m.	10 wks \$340	*Both days
Wednesday	4:00 – 6:00 p.m.	10 wks \$340	\$650

Schroeder Tennis Center, 1459 Harmony Drive, Tipp City, OH 45371 (937)669-5552 Session 3: Monday, January 12 – Sunday, March 22, 2015 ADULT PROGRAM

www.schroedertennis.com

We use the NTRP (National Tennis Rating Program) system to place players in the proper teams & groups. If you don't know your rating, call us and we will set up the time for you to come in and get a rating at no charge. Private lessons can be scheduled at your convenience.

Workout Clinic - Men & Women 3.5 & Above

Non-stop movement! We will feed you balls until you cannot run anymore! A great aerobic workout in the morning and a lot more fun than going out for a jog. Come out and try it!

Saturday 8:00 – 9:30 a.m. 10 wks - \$239

Ladies 2.5 Clinics

Techniques and grip work, rallying consistently, singles and doubles positioning and strategy. Placing your serve and ground strokes.

Tuesday 9:00 – 10:00 a.m. 10 wks -\$165 Thursday 6:30 – 8:00 p.m. 10 wks.- \$250

Men's Clinic

Stroke production and consistency work. Court positioning, technique, shot selection, volleys and put-aways. All parts of the game emphasized.

Thursday 3.0 - 3.5 7:30 – 9:00 p.m. 10 wks - \$245

USA 1-2-3 Adult Beginner Clinics

For beginning players or players getting back into the game. If you want to learn to play QUICK...this class is for you. It's an inexpensive way to start up or refresh your basic fundamentals of the game. Come join the fun! If you are a new player, try one class at no charge to see what you think.

Monday	6:00 – 7:00 p.m.	10 wks \$109
Tuesday	10:00 – 11:00 a.m.	10 wks \$109
Friday	6:00 – 7:00 p.m.	10 wks \$109

Men's 3.5-4.0 Doubles Leagues

Wednesday 7:30 – 9:00 p.m. 10 wks.- \$125

Men's 3.5 Singles League

Tuesday 7:30 – 9:00 p.m. 10 weeks

And 8:00 - 9:30 p.m. Price subject to times played

Men's 3.0 Doubles League

Tuesday 8:00 - 9:30 p.m. 10 wks. \$125

Times on all leagues are subject to change according to available courts.

Cardio Tennis Workouts

This high energy workout features tennis drills and other movement exercises designed to keep your heart rate up the entire time. These workouts will give players of all abilities a high energy full-body workout. The clinic incorporates a warm-up, cardio and cool-down drills with the added bonus of improving your tennis skills at the same time. Cardio tennis is first and foremost a great fitness activity for age 16 to adult, 2.5 level and above.

Monday 7:00 – 8:00 p.m. 10 wks. - \$125 Friday 11:30 – 12:30 p.m. 10 wks. - \$125

GMVTA and USTA Adult League Tennis

We have men's and ladies' teams at all NTRP levels competing in matches with the other Dayton area clubs. Matches include both singles and doubles play. GMVTA is a fall league that plays September through January. Matches are played on weekends and we have ladies weekday leagues. Talk to one of our pros if you are interested in playing on a team.